



COMMUNITY PREVENTIVE MEDICAL CARE

Leading communities towards better Health

CHE PROGRAM

COMMUNITY HEALTH EVANGELISM,

SOUTH SUDAN



SOUTH SUDAN CHE PROGRAM

GENERAL REPORT

2023/2024

PREPARED BY:

**CHE National Coordinator,
Juba, South Sudan**

0921349487/0980361110

sallahlasu@gmail.com

INTRODUCTION

The Community Health Evangelism (CHE) initiative has made significant strides over the past year, demonstrating a commitment to improving health and well-being in South Sudan through community-driven engagement and education. In November 2022, we initiated the Training of Trainers workshop in Nairobi, a foundational step aimed at equipping local leaders with the skills and knowledge necessary to implement CHE strategies effectively. This training successfully equipped 15 dedicated trainers, who subsequently returned to Juba to lead efforts aimed at addressing critical health and social issues within their communities.

A pivotal development for the CHE program was the establishment of the CHE Coordination Office in Juba, which received generous support from the Juba Diocese in the form of office space. Furthermore, the partnership with Samaritan's Purse Juba proved invaluable as it provided essential office materials, including printers and chairs, thereby enhancing our operational capacity.

As a result of these foundational efforts and with support from Samaritan Purse (SP) Canada and Medical Ambassadors International (MAI), several CHE projects have been initiated across various communities, namely; Terekeka, Gudele 2, Joppa, Gumbo, Gudele West Community, and the Mother's Union, as well as initiatives focused on child health (Children CHE). Through these projects, we have successfully trained 204 Community Health Educators (CHEs) and established five CHE committees, creating a robust network for health advocacy and education.

Our outreach efforts have made a meaningful impact, effectively reaching the Gospel to 2,440 individuals and establishing 488 healthy homes within the communities we serve. Notably, our environmental initiatives have also flourished, with the planting of 304 trees, contributing to both ecological sustainability and community wellness.

This report aims to provide a comprehensive overview of these activities, assess their impact, and outline future directions for our work in promoting health and hope within South Sudanese communities.

The CHE program's structure allows for effective monitoring and collaboration among trainers, committees, and CHEs. Training sessions have expanded into local churches and communities, with a growing interest in the program. The report highlights ongoing training efforts and the positive reception of the CHE program among participating churches and communities.

Overall, the report provides a comprehensive overview of the accomplishments, and impacts, and sets the direction for future initiatives aimed at enhancing health and community well-being while upholding our Christian values in South Sudan.

PROGRAM OVERVIEW IN SOUTH SUDAN:

The CHE program has a model that enables easy monitoring and follow up mechanism. Organization structure of CHE is: Trainers, Committee and the CHEs (Community Health Evangelists). The three group of people work together as one body for a successful CHE program. Therefore, in September 2022, 44 people participated in Training of Trainers 1 (TOT1). This was the first of its kind South Sudan. Later, 15 from the 44 were selected to attend TOT2 in Nairobi, Kenya. These selected trainers were the people who met the selection criterion (must have done baselines survey, seed project and healthy home). These trainers upon completion of their Internship were tasked with the mandate to establish the remaining structures of the CHE program in South Sudan.

To initiate CHE program in the Country, the trainers establish a coordination office whose role is to coordinate the CHE activities and trainings of committees and CHEs within the local churches and communities.

The CHE trainers have embarked on training of local churches and community health workers. Currently, there CHE program being initiated in St. Mary Parish and St. Zakayo in Jopa, Terekeka, Truth and Life Ministry and Tolien group in Gudele 2, Gumbo Primary Health Care Center and Pentecostal Church of South Sudan.

In line with the above, the Church program is one of the programs that much appreciated by the areas we have so far trained. The program is growing and more churches are picking interest in adapting it as part of the ministry to wholistically transform their church and the community around them.

SUMMARY OF CHE PROGRAM IN SOUTH SUDAN.

Development of the South Sudan program and indicators

Trainers

15 persons complete internship program in Nairobi and 3 areas are selected to start CHE programs

Number of trainers involved in training and follow up of committees and CHEs in their areas. 12

Number of trainers who have initiated seed projects in their communities 15

Number of trainers able to identify common nutritious food resources within target areas. 15

Number of trainers able to identify nutrition challenges within target areas. 15

Number of trainers who have actively engaged in meeting the needs of PwDs in the past 6 months: 6

Committees:

There are 80 committee members drawn from the 6 areas: Joppa (st. Mary Parish and St. Zakayo), Gudele 2 (Truth & Life Ministry, PWDS, Tolien organization), Gumbo PHCC, Terekeka and Mothers union.

Committees conduct seed projects: There are 7 seed projects conducted by committee members.

Number of persons selected to become committee members: 80

Number of Committee members who complete the Committee training: 80

Number committee member homes that have incorporated at least 5 practices from the Healthy home index into their homes. 61

Number of Committee members who complete a LLL survey 80

Number of committee members who were followed up after the training 80: 70 homes visited

How many committee members have healthy homes? 61

What is the criteria of healthy homes selected? Latrine, dishrack, devotion, prayer, fruit trees, sanitation, kitchen garden, rubbish pit, compost pit, mosquito net,

Number of committee members who are teaching the new skills to their neighbors. 30

Number of Committee members who have taught at least one agricultural lesson to a neighbor. 41

Number of trainers who have actively engaged in meeting the needs of PwDs in the past 6 months: 6

Number of committee members who have tracked change in the communities through report writing quarterly not yet

Number of committee members who have initiated seed projects in their communities: 80

Number of committee members able to identify common nutritious food resources within target areas. 80

Number of committee members able to identify nutrition challenges within target areas. 80

Community Health Evangelists CHEs- currently 47 CHEs in Jopa, 13 CHEs(Gumbo) and 21 CHEs (Truth and Light Ministry), 35 CHEs (Tolien), 50 CHEs (Mothers' Union) , total 204 CHEs selected

CHEs

Number of CHEs who complete a LLL survey: 204

Number of persons who were selected to become CHEs: 204

Number of CHEs who complete the CHEs training: 204

Number of CHEs who complete a seed project in their community. 122

Number of CHEs who incorporate 5 of the healthy home activities in their homes. 204

Number of CHEs who are teaching at least new skills to their neighbors. 122

Number of CHEs who report to have been followed up by trainers: 122

Number of CHEs homes that have incorporated atleast 10 practices from the Healthy Home Index into their homes. 130

Number of CHEs who have taught at least one agricultural lesson to a neighbor. 15

Number of participants who have completed a baseline survey of their areas: 61

Number of CHEs who have tracked change in the communities through report writing quarterly nil

Number of CHEs who have initiated seed projects in their communities : 122

Number of CHEs able to identify common nutritious food resources within target areas. 204

Number of CHEs able to identify nutrition challenges within target areas. 204

Number of trainers who have actively engaged in meeting the needs of PwDs in the past 6 months: 6

Number of homes visited by CHEs in the selected areas and at-least one lesson is taught during the period: 388

Number of lessons taught by the CHEs to the different homes in the community within the first 6 months.(target of 4 lessons to be taught per home): 1,164

Community Indicators: The target is to have (480) homes impacted (204 CHEs x4 homes)

Number of community members who have been taught at least one health lesson by the CHEs/ committee members: 2,440

Number of homes that have incorporated at least 5 practices/ activities within the healthy home index (as decided within the training and community meetings): 488

Number of kitchen/ vegetable gardens within the target area: 202

Number of families who plant trees in their compounds: 440

Number of families who establish a compost pit: 124

Number of community members who have been taught at least one agricultural lesson by the CHEs/ committee members: 94

Number of PWDs in the community whose needs have been met by committee members and CHEs. 11

Children indicators (196)

Number of children who have been trained regarding having a balanced diet:196

Number of children taught on hygiene practices- handwashing, using a pit latrine, using a dish drying rack and others: 196

Number of children who attended disability training within the 3 areas: 196

Number of children who attended sanitation training within the 3 areas: 196

Number of children taught on composting and separating organic from inorganic waste (plastic, metals before decomposing): 91

Number of children trained on gardening skills: nil

Number of children who plant a tree: 100

Number of children who have been trained in at-least 1 children Spiritual lesson: 196

CONCLUSION

The CHE South Sudan program has made commendable progress in training, engaging, and empowering both trainers and community members with both spiritual and physical knowledge. However, there are identified areas such as monitoring and reporting that require attention to enhance accountability and assess community impact effectively. Future efforts will focus on strengthening these aspects to ensure continued success in towards holistic transformation of communities in South Sudan.

RECOMMENDATIONS

1. **Enhance Monitoring Mechanisms:** Implement structured tracking and reporting systems for both committees and CHEs to document community changes effectively. The coordination office is working to improve on this.
2. **Continuous Training:** Organize refresher training sessions for trainers and CHEs to increase their capacity to meet community needs, especially regarding spiritual lessons and the inclusion of more PwDs in the program.
3. **Community Engagement Activities:** Increase community outreach activities to promote the benefits of healthy home practices and sustain momentum in seed project implementation.
4. **Establishment of CHE center:** There is a need to establish a CHE center in South Sudan that comprises office space, a demonstration farm, and a conference hall for training.
5. **Funding:** There is a need to gather more resources to implement some of the above recommendations and for the follow-up of the trained CHEs and Committees.

CHE COORDINATION OFFICE STRUCTURE

1. National Coordinator, Dr. Sallah Lasu
2. Secretary General; Mr. Eli Lukudu
3. Treasurer, Ms. Sarah Elisa

4. Training Coordinator, Rev. Charles Lado,
5. Assistant Training Coordinator, Dr. Hanna Samuel
6. Members: Dr. Hanna Samuel, Mr. MarK Lou

ANNEXES:



A group member presenting their work on differences between relief and development, St. Zakayo Church in Joppa during CHR training in October, 2024



Group discussion, CHE committee Training 27th January 2023, St. Mary Parish in Joppa



CHEs Training in May, 2024 in Gumbo PHCC



Jam Making Lesson in Truth and Life Ministry, in Gudele 2 , 2024

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Natural Fruit of South Sudan, Jam produced by Revd. Charles Lado, CHE trainer and the training Coordinator.

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Role play, During CHEs Training in St. Zakayo Church, Joppa Nov 2024



Liq



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liquid soap Making Lesson During CHE PWDs Training at Emmanuel Parish, Oct 2024



Revd. Charles Lado, Facilitating Liquid Soap making at CHE PWDs training

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Dr. Hanna facilitating Personal hygiene Lesson at Children CHE in St. Zakayo, Joppa

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Trainer Mark Lou Facilitating during Children CHE training in Truth & Life Ministry, Gudele 2



One of CHEs trained in Truth & Life Ministry at her Kitchen Garden during Home visit



Pictorial at TOT2 training in Juba, Nov 2023





One of the participant in Terekeka plated fruit trees and Tomatoes after the training



CHE trainers pose for group photo after successful CHE training in St. Zakayo, Joppa



Flowers, Pawpaw , cow peas and Pumpkin planted by a CHE in Joppa



Mary Justin is one of the CHEs that has completed more 10 elements of Health Homes, Gudele 2



Participants during Vaseline Making Lesson in Terekeka, December 2024

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Children planted Lemon Fruit Tree at compound of Truth and a life Ministry, October 2024

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Jam making lesson on Tolien Community Group, Gudele 2, December 2024



Episcopal church of South Sudan Mother's union CHE Training, December, 2024



Participant presenting a group work During the Mother union CHE training, December, 2024



One of the participant planted Banana, flowers and vegetables at his backyard after CHE Training in Gudele 2.

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Participants of TOT 2 in Juba receiving their certificates after completion.



The 15 South Sudan CHE trainers, December, 2022

